



# VASSAR COLLEGE

## Elite Girls Summer Camp

**ABOUT:** The Vassar College Elite Girls Summer Camp is designed for high school aged players who are passionate about the game and have aspirations to compete at the college level. The Camp will provide current high school females with high-level instruction in a collegiate environment.

Programming will include technical and tactical development through college level drills, as well as position-specific training, and strength and conditioning work. Through small and full-sided games, participants will receive a comprehensive experience that mimics the team-first environment of our current Vassar College Program.

Participants will get an inside look into the Vassar College Women's Soccer Program, while staying in our residence halls, enjoying our beautiful campus, training with the women's soccer coaching staff and interacting with current Vassar players.

**FRIDAY, JULY 13<sup>th</sup> - SUNDAY, JULY 15<sup>th</sup>**  
At Prentiss Field Complex on Taylor Field

\$500 Early Registration (through March 1<sup>st</sup>)  
\$550 Regular Registration (March 2<sup>nd</sup> – July 1<sup>st</sup>)

*Room & board included. All players will receive a Vassar Soccer T-shirt*

***Enrollment is limited so don't wait!***

### TENTATIVE SCHEDULE:

#### Friday, July 13<sup>th</sup>

12 - 1 pm	Check-In/Move-In
1:30 - 2 pm	Camp Welcome
2:30 - 4:30 pm	Field Session
5 - 6 pm	Dinner
7 - 8:30 pm	Field Session

*\*Lunch will NOT be provided on the first day, please plan accordingly*

#### Saturday, 14<sup>th</sup>

7:30 - 8:30 am	Breakfast
9:30 - 11:30 am	Field Session
12:30 - 1:30 pm	Lunch
2:30 - 3:30 pm	Tour of Campus
3:30-4:30 pm	Strength & Conditioning
5 - 6 pm	Dinner
7 - 8:30 pm	Evening Matches
8:45 - 10:30 pm	Night Activity

#### Sunday, July 15<sup>th</sup>

7:30 - 8:30 am	Breakfast
9 - 10:30 am	Final Matches
11 am - 12 pm	Pack Rooms/Check out

*\*Lunch will NOT be provided on the final day, please plan accordingly*

Learn more at

[www.vassarsportscamps.com](http://www.vassarsportscamps.com)

124 Raymond Ave, Poughkeepsie, NY 12603

For more information, contact Head Coach, Corey Holton at [coholt@vassar.edu](mailto:coholt@vassar.edu).



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### Camp Director: *Corey Holton*

Corey Holton joined the Vassar College staff as the head women's soccer coach in the spring of 2014. In 2017, the Brewers finished the season ranked 2<sup>nd</sup> in the Liberty League making it to the League Championship. The Brewers finished with a 10-6-3 overall record, and had the Liberty League Rookie of the Year. We placed five players on All-Liberty League teams and 14 players on the Liberty League All-Academic team.

Holton came to Poughkeepsie after a season at Division I University of Notre Dame in South Bend, Indiana. As a member of the Fighting Irish staff, Holton served as the recruiting coordinator while helping lead the Irish to the third round of the NCAA Tournament.

Previous to her work at Notre Dame, Holton was the head women's soccer coach at Worcester Polytechnic Institute and also served as the head coach at Concordia University Texas for three seasons. Holton still stands as the program's all-time winningest coach at Concordia, as her term culminated with a 14-6 record in 2011 and an American Southwest Conference Coach of the Year honor.

Holton's coaching career began back in 2006, as she was an assistant coach at Greensboro College for three years. Holton served as recruiting coordinator, and helped guide the Pride to a record-breaking 14-4-1 season in 2007. During her time in North Carolina, Holton earned a masters degree from High Point University.

She was a four-year player and two year captain at Elmira College where she earned Bachelor of Arts in psychology. She holds a United States Soccer Federation "C" License.

### Assistant Director & Goalkeeping Director:

#### *Whitney Frary & James Chappas*

Assistant Coaches Whitney Frary and James Chappas both joined the Brewers for the 2016 season. Frary came to Vassar after two seasons as the SUNY Cortland assistant women's soccer coach in Cortland, NY. As a member of the Red Dragons' coaching staff, Frary was involved in the daily planning of practices and in the development of game strategy, while also scouting opponents and breaking down opponents' film. An accomplished player in college, Frary was selected as an NCSAA All-American in 2011 and 2012 while playing at William Smith College. She led the Herons to the Liberty League title from 2009-2012, earning first-team selections from 2010-2012, and also guided the team to the NCAA Division III Final Four in 2010 and 2011. Frary holds undergraduate degrees in environmental science and biology, and earned her master's in kinesiology.

Chappas, a local product of the Hudson Valley, brings a wealth of knowledge to the Vassar team. Chappas joins the staff as our goalkeeper coach. Chappas also coaches at Ketcham High School and works with the Chuck Wilder Goalkeeper Academy. A standout goalkeeper at St. Thomas Aquinas College, Chappas earned all league honors three of his four years, while also garnering All American honors in 2001. Following his college career, Chappas played with the New York Fury from 2002-2005. He holds a bachelor's in social science and a master of science in teaching.



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### Frequently Asked Questions

#### **Will I be assigned a roommate or can I request my own?**

You will be assigned a roommate if you do not request your own. Once camp begins there will be no room changes.

#### **Who will be coaching me?**

The Vassar College Women's Soccer staff will be coaching all players everyday and every session. Current Vassar women's soccer players and additional staff coaches from local colleges and clubs will also coach you.

#### **How do I get from JFK/LGA/Newark to Vassar?**

It is your responsibility to arrange transportation from surrounding airports and train stations. Public transportation to Grand Central Station is available from all major NYC area airports. From Grand Central, travelers can take the Metro-North Railroad to the Poughkeepsie Train Station. The Poughkeepsie Train Station is approximately 10 minutes from campus (less than \$10 cab ride). There is also public transportation from major NYC airports to Penn Station. Penn Station has Amtrak services directly to Poughkeepsie.

Newburgh Airport is the closest airport to Vassar; there is car service from this small local airport directly to our campus.

#### **What sort of surface will we be playing on?**

We will be playing mostly on grass fields, but there is a possibility of playing indoors (thunderstorms) or on the artificial turf field. Please bring indoor shoes as well as turfs in addition to your normal cleats.

#### **What do I need to bring with me to camp?**

As camp approaches we will send out a complete packing list to ensure you have everything you'll need. But, basically you'll need plenty of soccer shorts, shirts, and socks, running shoes, shin guards, cleats, indoor shoes, turfs, sunscreen, alarm clock, toiletries, sheets, pillow, blanket, towel, and comfortable clothes for nighttime activities.



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